



KEEPING IT ALL TOGETHER

BY PASCALE DUGUAY

Lists are a great way to keep track of events, reminders and memories. You can use them to help as you pack for vacations or sleepovers. You can also create collections of your favorite books or songs. Lists are fun and easy to make. The hardest part? Not losing your lists! Here's how to make a list diary so you can keep them all in one place.



WHAT YOU NEED:

- ▶ Notebook or journal
- ▶ Colored pencils, pens or markers
- ▶ Stickers, washi tape (optional)



WHAT TO DO:

- 1** On the first page of your notebook, write "index" at the top. This page is used to keep track of your lists so you can find them easily. If your notebook contains a lot of pages, you may need more than one page for your index. To calculate how many pages you will need, simply divide the number of pages in your notebook by the number of lines per page. For example, if your notebook contains 100 pages with 25 lines on each page, then you need to reserve the first four pages for your index.
- 2** After the index, begin numbering each page of your notebook, starting with page 1 and continuing to the end.
- 3** Start creating your lists. Each page after your index will contain a different list. Find list ideas on the following pages.
- 4** As ideas come to mind, add new lists and new items to each list. Write every list title in your index—along with its page number—in the order they appear in your notebook.
- 5** Add to the fun by writing with different colored pens and decorating your pages with stickers, washi tape and doodles.
- 6** Uh-oh! Did you run out of room when adding items to your "Favorite Songs" list? No problem! Simply go to the next available page in your notebook and continue your list. You can call it "Favorite Songs #2."



Pascale Duguay lives and writes in Quebec, Canada. She loves to make lists in her colorful notebooks. She's also a school librarian dedicated to helping teens get hooked on reading.

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FAB RESTAURANTS 2021

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“Because of the LORD’s great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.”

—LAMENTATIONS 3:22–23, NIV



CHOOSE LIST TITLES THAT INTEREST YOU. HERE ARE 20 IDEAS TO HELP GET YOU STARTED.

- 🕒 Favorite songs
- 🕒 Fab restaurants
- 🕒 Must-try recipes
- 🕒 Books I’ve read
- 🕒 Movies I’ve watched
- 🕒 Places I want to see
- 🕒 People I’d like to meet
- 🕒 Career choices
- 🕒 Hilarious jokes
- 🕒 Adorable pet names
- 🕒 Birthdays
- 🕒 Gift ideas
- 🕒 Must-have outfits
- 🕒 Best shops
- 🕒 New words
- 🕒 Things I’d like to try
- 🕒 Things I’m grateful for
- 🕒 Things that make me happy
- 🕒 Sleepover packing list
- 🕒 Camping trip packing list

