



What Type of Eater Are You?

WHEN IT COMES to eating, you might be the no-fuss everything-goes type. Maybe you love trying new foods, or prefer to stick with familiar dishes. Take the quiz to find your mealtime personality!

At a friend's birthday party, you . . .

- ☐ A. Pile your plate with whatever you can reach. (Oops, was that the dog's treats?)
- ☐ B. Pick foods you've never tried before. (Fried frog legs with banana ketchup, please!)
- ☐ C. Look for things you recognize. (Hey, is that macaroni and cheese?)

After soccer practice, you open the fridge and . . .

- ☐ A. Grab the first thing you see. (Peanut butter and tomato sandwiches? Sure!)
- ☐ B. Don't see anything interesting. (Better wait for the new bird's nest soup recipe Mom is making.)
- ☐ C. Keep digging until you find what you want. (Yes, leftover macaroni and cheese!)

At the school bake sale, you buy . . .

- ☐ A. The biggest cookie you can find. (It was on the floor, but who cares?)
- ☐ B. A hot chili apple muffin. (Wow, wonder what it tastes like!)
- ☐ C. Your dad's famous macaroni and cheese cake. (Joy!)

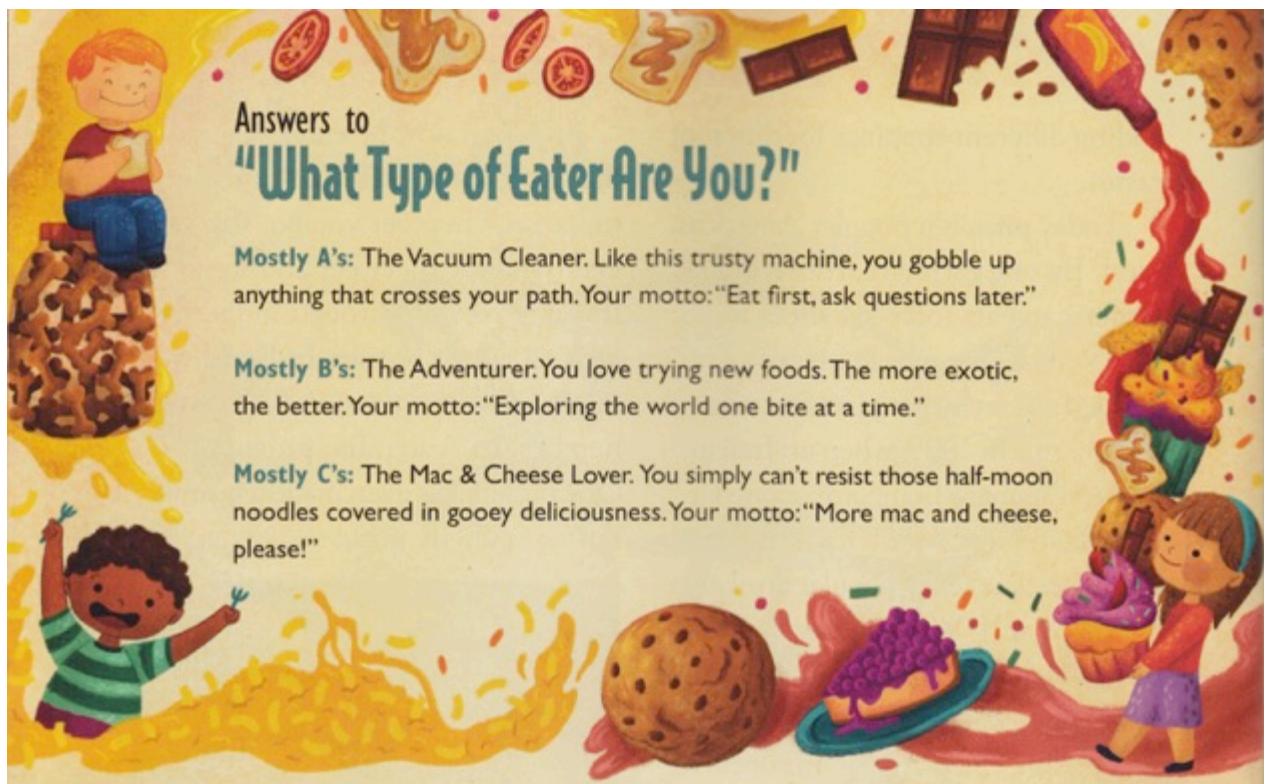
Your friend broke her leg. To cheer her up, you . . .

- ☐ A. Give her a chocolate bar from the bottom of your backpack. (It's a little squished, but still tasty.)
- ☐ B. Pick up a treat from the international market. (Chocolate-covered ants make the perfect gift!)
- ☐ C. Ask your mom to help you make her something special. (Macaroni with extra cheese!)

Turn to page 26 to see your results.

by Pascale Duguay
Art by Alyssa De Asis

Text © 2019 by Pascale Duguay. Art © 2019 by Alyssa De Asis.



Answers to

"What Type of Eater Are You?"

Mostly A's: The Vacuum Cleaner. Like this trusty machine, you gobble up anything that crosses your path. Your motto: "Eat first, ask questions later."

Mostly B's: The Adventurer. You love trying new foods. The more exotic, the better. Your motto: "Exploring the world one bite at a time."

Mostly C's: The Mac & Cheese Lover. You simply can't resist those half-moon noodles covered in gooey deliciousness. Your motto: "More mac and cheese, please!"

